

| SUNDAY                                                                                                                                                                                                                                             | MONDAY                                                                                                                                                                                                    | TUESDAY                                                                                                                                                                                                                    | WEDNESDAY                                                                                                                                                                                                                                                | THURSDAY                                                                                                                                                                                  | FRIDAY                                                                                                                                                                                                                                | SATURDAY                                                                                                                                                                  |
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| 5                                                                                                                                                                                                                                                  | 6                                                                                                                                                                                                         | 7                                                                                                                                                                                                                          | 8                                                                                                                                                                                                                                                        | 9                                                                                                                                                                                         | 10                                                                                                                                                                                                                                    | 11                                                                                                                                                                        |
| 9:30 Gentle Touch<br>11:00 Fun & Fitness (FL)<br>1:30 Worship w/ Jubilee United (CH)<br>1:30 Sensory & Tactile Therapy<br>3:00 Crafty Corner                                                                                                       | 11:00 Fun and Fitness<br>1:30 Music Visits w/ Abi<br>1:30 Bingo (FL)<br>1:30 Animal Kingdom (S)<br>2:00 Gentle Massage (FL)<br>3:00 Bowling (FL)<br>6:00 Sing Along                                       | 9:30 Manicures (CL)<br>11:00 Strength Studio (FL)<br>1:30 Keeping Busy(S)<br>1:30 Brain Gym<br>3:00 Gardening<br>6:00 Dance world (CL)  | 11:00 <b>A1 BBQ Smokehouse Lunch (by invite only)</b> <br>1:30 Josee’s Visits<br>1:30 Choir (FL)<br>3:00 Shuffleboard<br>3:00 World Travel (S)<br>6:00 Circus Circus! | Therapies Department Mtg. <b>2</b><br>11:00 Exercise Circle (S)<br>11:00 Strength Studio (FL)<br>1:30 Dance World(S)<br>3:00 Volleyball (FL)                                              | <b>3</b><br>11:00 Fun and Fitness (FL)<br><b>2:00 Canada Day Celebration w/ Colleen Durdon</b><br>3:00 Sing-along (S)<br>6:00 Animal Kingdom (CL)  | <b>4</b><br>9:30 Leisure Trolley<br>11:00 Strength Studio (FL)<br>2:30 Movie Marathon  |
| 12                                                                                                                                                                                                                                                 | 13                                                                                                                                                                                                        | 14                                                                                                                                                                                                                         | 15                                                                                                                                                                                                                                                       | 16                                                                                                                                                                                        | 17                                                                                                                                                                                                                                    | 18                                                                                                                                                                        |
| 9:30 Gentle Touch<br>10:00 Fidgety Fingers (S)<br>11:00 Fun & Fitness (FL)<br>1:30 Sensory & Tactile Therapy<br>1:45 Worship w/ All Saint’s Anglican<br>3:00 Crafty Corner                                                                         | 11:00 Fun and Fitness<br>1:30 Music Visits w/ Abi<br>1:30 Bingo (FL)<br>1:30 Animal Kingdom (S)<br>2:00 Gentle Massage (FL)<br>3:00 Bowling (FL)<br>6:00 Sing Along                                       | 9:30 Manicures (CL) <br>11:00 Strength Studio (FL)<br>1:30 Keeping Busy(S)<br>1:30 Brain Gym<br>3:00 Gardening<br>6:00 Dance world (CL) | 9:45 Baking (FL)<br>11:00 Fun and Fitness<br>1:30 Josee’s Visits<br>1:30 Choir (FL)<br>3:00 Shuffleboard<br>3:00 World Travel (S)<br>6:00 Circus Circus!                                                                                                 | Therapies Department Mtg. <b>16</b><br>11:00 Resident & Family Council Meeting<br>1:30 Dance World(S)<br>1:30 Music visits w/Abi<br>3:00 Josee’s Garden Visits<br>3:00 Volleyball (FL)    | 11:00 Fun and Fitness (FL)<br><b>2:00 Happy Hour w/ The Timeliners</b><br>3:00 Sing-along (S)<br>6:00 Animal Kingdom (CL)                        | 9:30 Leisure Trolley<br>11:00 Strength Studio (FL)<br>2:30 Movie Marathon                                                                                                 |
| 19                                                                                                                                                                                                                                                 | 20                                                                                                                                                                                                        | 21                                                                                                                                                                                                                         | 22                                                                                                                                                                                                                                                       | 23                                                                                                                                                                                        | 24                                                                                                                                                                                                                                    | 25                                                                                                                                                                        |
| 9:30 Gentle Touch<br>10:00 Fidgety Fingers (S) <br>11:00 Fun & Fitness (FL)<br>1:30 Sensory & Tactile Therapy<br>2:00 Worship w/ Wen (CH)<br>3:00 Crafty Corner | 11:00 Fun and Fitness<br>1:30 Music Visits w/ Abi<br>1:30 Bingo (FL)<br>1:30 Animal Kingdom (S)<br>2:00 Gentle Massage (FL)<br>3:00 Bowling (FL)<br>6:00 Sing Along                                       | 9:30 Manicures (CL)<br>11:00 Strength Studio (FL)<br>1:30 Keeping Busy(S)<br>1:30 Brain Gym<br>3:00 Gardening<br>6:00 Dance world (CL)                                                                                     | 9:45 Tea Social (FL)<br>11:00 Fun and Fitness<br>1:30 Josee’s Visits<br>1:30 Choir (FL)<br>3:00 Shuffleboard<br>3:00 World Travel (S)<br>6:00 Circus Circus!                                                                                             | 9:45 Tone Chimers (FL)<br>11:00 Exercise Circle (S)<br>11:00 Strength Studio (FL)<br>1:30 Dance World(S)<br>1:30 Music visits w/Abi<br>3:00 Josee’s Garden Visits<br>3:00 Volleyball (FL) | 11:00 Fun and Fitness (FL)<br>2:00 Booze Cruise<br>3:00 Sing-along (S)<br>6:00 Animal Kingdom (CL)                                               | 9:30 Leisure Trolley<br>11:00 Strength Studio (FL)<br>2:30 Movie Marathon                                                                                                 |
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| 9:30 Gentle Touch<br>10:00 Fidgety Fingers (S)<br>11:00 Fun & Fitness (FL)<br>1:30 Sensory & Tactile Therapy<br>2:00 Worship w/ Newbern Alliance (CH)<br>3:00 Crafty Corner                                                                        | 11:00 Fun and Fitness<br>1:30 Music Visits w/ Abi<br>1:30 Bingo (FL) <br>2:00 Gentle Massage (FL)<br>3:00 Bowling (FL) | 9:30 Manicures (CL)<br>11:00 Strength Studio (FL)<br>1:30 Keeping Busy (FL)<br>3:00 Karaoke Fun                                                                                                                            | 9:45 Baking (FL)<br>11:00 Fun and Fitness<br>1:30 Choir (FL)<br><b>3:00 Anointing and Communion w/ Fr. Gabriel</b>                                                                                                                                       | 11:00 <b>A2 BBQ Smokehouse Lunch (by invite only)</b><br>1:30 Table Games<br>1:30 Music visits w/Abi<br>3:00 Josee’s Garden Visits<br>3:00 Volleyball (FL)                                | <br>11:00 Fun and Fitness (FL)<br><b>2:00 Birthday Celebration w/ Salve &amp; Friends</b>                                                        | <b>Fraserview<br/>Cypress<br/>Seymour</b>                                            |